**Grading Result Form**

## Form 2

*PLEASE WRITE CLEARLY IN BLOCK CAPITALS*

|  |  |
| --- | --- |
| **Name:** |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **D** | **C** | **Acceptable** | | | | **Not Acceptable** |
|  | **1** | **2** | **3** | **4** |
| **Knowledge of Technique** |  |  |  | | | |  |
| **Contact (Ki)** |  |  |  | | | |  |
| **Posture** |  |  |  | | | |  |
| **Flow and Flexibility** |  |  |  | | | |  |
| **Maai & Zanshin** |  |  |  | | | |  |
| **Ukemi** |  |  |  | | | |  |
| **Spirit** |  |  |  | | | |  |
| **Manner and Attitude** |  |  |  | | | |  |

#### **In order to pass a candidate should achieve at least ‘acceptable’ for each element.**

*(Consideration will be given to any circumstances which may affect a grading, and which have been brought to the attention of the examiners prior to the grading)*

**1 = Very Good 2 = Good 3 = Average 4 = Needs improvement**

***C = Commended (Candidate has performed particularly well in this area)***

***D = Distinction (Candidate has shown exceptional qualities in this area)***

|  |  |
| --- | --- |
| **Grade Awarded:** | **Date:** |
| **Examiner’s Comments:** | |
| **Examiner:** | Examiner’s Signature: |

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